

4th Annual
PHENOMENAL FIT & FOCUSED
WOMEN'S
EMPOWERMENT
Summit

AGENDA

Wednesday, November 1, 2023 - Hyatt Regency, New Brunswick, NJ

8:00 AM - 9:00 AM

REGISTRATION AND CONTINENTAL BREAKFAST IN MAIN ROOM

9:15 AM - 9:30 AM

Welcome & Morning Session in Main Room

Host: JOETTA

4-Time Olympian

Business Woman, Motivational Speaker and Author



9:45 AM - 10:30 AM

BREAKOUT SESSIONS

Healthcare: The Importance of Advocating for Yourself

Speaker: Niambi Daniels Harris

This Session is to discuss why we need to take ownership of our health and as leaders in the health industry, the role we play in educating the community to access better care.



Room A

Embracing the Change: Understanding and Utilizing AI Technology

Speaker: Westley Morris

AI technology isn't coming soon, it is already here and it is not going away. This workshop will remove some of the fears associated with this new buzz word and empower you to thrive using some of the tools that AI is rapidly creating.



Room B

10:45 AM - 11:30 AM

BREAKOUT SESSIONS

Mortgages: Preparing for Home Ownership

Speaker: Joseph Rodriguez

This session will discuss getting pre-qualified, the application process and Provident Bank loan programs.

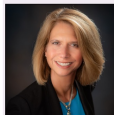


Room A

The Power of Relationships: Why They Matter

Speaker: Michele N. Siekerka, Esq.

Having the right skills and passion for what you do are key ingredients to a successful career. The last critical piece is relationship building. Let's explore who you surround yourself with and how those relationships take you forward.



Room B

11:45 AM - 12:15 PM

LUNCH IN MAIN ROOM

12:15 PM - 1:00 PM



Patricia Barksdale, CRPC™

Vice President
 Wealth Management Advisor
 Merrill Lynch

Topic: Owning Your Journey

Timely discussion of "Owning Your Journey" and adapting to change as nothing stays the same. We've experienced COVID lockdown, home schooling, isolation, fear, loss of family members and now adapting to our new abnormal normal lives. Let's talk!

1:15 PM - 1:30 PM

Closing
 JOETTA, 4-Time Olympian

Presented by:

